



MONTH XX, 2021

## SUNDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Vegetable Beef Soup

### LUNCH

Pot Roast & Vegetables, Mashed Potatoes, Beef Gravy, Cornbread, Pie, A La Mode, Milk

OR

Open Face Turkey Sandwich, Mashed Potatoes, Vegetable Blend

## WEDNESDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Minestrone Soup

### LUNCH

Stuffed Green Pepper, Corn, Assorted Dessert, Milk

OR

Twice Baked Chicken Breast, Baked Potato/Butter, Zucchini & Red Onion 

## SATURDAY

**BREAKFAST:** Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Broccoli Cheddar Soup

**LUNCH:** Smothered Pork Chop, Red Skin Mashed Potatoes, Harvard Beets, Roll/Butter, Caramel Mandarin Orange, Cake, Milk

OR

Supreme Pizza, Garden Salad/Dressing

## MONDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

### LUNCH

Pork Loin w/ Apple Chutney, Glazed Sweet Potatoes, Country Green Beans, Cheesecake, Brownies, Milk 

OR

Chili, Shredded Cheese, Diced Onion, Cinnamon Roll 

## THURSDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

French Onion Soup

### LUNCH

Beef Pot Pie, Cranberry Fruit Salad, Spiced Baked Apples, Milk

Or

Creamy Turkey Cutlet, Mashed Potatoes, Baked Parmesan Tomatoes

## TUESDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cream of Potato Soup

### LUNCH

Greek Style Salmon Filet, Rice Pilaf, Zucchini/Tomato Cass, Roll/Butter, Strawberry Cake/Cream Cheese Frosting, Milk  

OR

Taco Salad

## FRIDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Noodle Soup

### LUNCH

Lemon Pepper Fish, Rice, Buttered Carrots, Bread/Butter, Dark Sweet Cherries, Milk 

OR

Beef Tips in Gravy, Egg Noodles, Sautéed Mushrooms and Onions

WEEK 1



MONTH XX, 2021

## SUNDAY

### DINNER

Reuben Sandwich, Potato Salad, Three Bean Salad, Gelatin Cake, Milk

OR

Chicken & Vegetable Stir Fry Over Rice, Egg Roll

## WEDNESDAY

### DINNER

Twice Baked Chicken Breast, Baked Potatoes/Butter, Zucchini & Red Onion 

OR

Cheesy Scalloped Potatoes & Turkey, Brussels Sprouts

## SATURDAY

### DINNER

Cran Walnut Chicken Salad on Croissant, Sweet Potato Puffs, Pineapple Chunks, Milk 

OR

Polish Sausage, Sauerkraut, Potato Wedges

## MONDAY

### DINNER

Turkey Wrap, Cucumber & Onion Salad, Fresh Fruit Cup, Chocolate Éclair Dessert, Milk 

OR

Glazed Ham Balls, Macaroni & Cheese, Seasonal Vegetable

## THURSDAY

### DINNER

Tuna Salad on Half Croissant, Lettuce & Tomato Slice, Seasonal Vegetable, Potato Chips, Rice Krispie Square, Milk

OR

Breakfast for Dinner

## TUESDAY

### DINNER

Swiss Steak, Cheddar Mashed Potatoes, Seasoned Peas, Bread/Butter, Pudding Parfait, Milk

OR

BBQ Pork Sandwich, Baked Beans, Coleslaw

## FRIDAY

### DINNER

Baked Cavatelli, Toss Salad/Dressing, Garlic Bread, Ice Cream, Milk

OR

French Dip, Tater Tots, Broccoli Ranch Salad

 Healthy Heart  
 Gluten Free

WEEK 1





MONTH XX, 2021

## SUNDAY

### *BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tangy Garden Vegetable Soup

### *LUNCH*

Applewood Smoked Bacon BBQ Ribs, Cheddar Ranch Scalloped Potatoes, Vegetable Medley, Cream Pie, Milk

OR

Herbed Chicken Breast, Potato Medley, Vegetable Medley 

## WEDNESDAY

### *BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

### *LUNCH*

Meatloaf, Mashed Potatoes/Gravy, Southern Green Beans, Snicker Apple Dessert, Milk

OR

Turkey Pot Pie, Garden Salad Bowl

## SATURDAY

*BREAKFAST:* Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

## MONDAY

### *BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tomato Soup

### *LUNCH*

Country Fried Steak, Mashed Potatoes w/ Country Gravy, Lima Beans w/ Bacon, Roll/Butter, Lemon Meringue Pie, Milk

OR

Hawaiian Ham & Cheese Slider, Baked Chips, Fruit Cup

## THURSDAY

### *BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Italian Wedding Soup

### *LUNCH*

Chicken Cordon Bleu, Oven Roasted Potatoes, Broccoli, Roll/Butter, Ice Cream Sundae, Milk

OR

Beef Burgundy w/ Mushrooms, Egg Noodles, Roasted Broccoli

## TUESDAY

### *BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Vegetable Barley Soup

### *LUNCH*

Chicken Picatta, Rice Pilaf, Spinach, Garlic Toast, Autumn Gelatin Parfait, Milk  

OR

Baked Steak w/ Mushroom, Gravy, Baked Potato, Squash

## FRIDAY

### *BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Harvest Soup

### *LUNCH*

Orange Ginger Salmon, Lemon Wedge with Parsley, Wild Rice Pilaf w/ Almonds, Roasted Beets, Blueberry Lemon Upside down Cake, Milk  

OR

Breaded Pork Fritter on Bun, Tomato, Lettuce, Onion, Potato Salad



MONTH XX, 2021

**SUNDAY**

*DINNER*

Shrimp Lobster Ravioli, Toss Salad/Dressing, Garlic Bread, Banana Pudding Dessert w/ Vanilla Wafers, Milk

OR

Deli Sandwich, Soup of the Day

**WEDNESDAY**

*DINNER*

Cheddar Burger, Curly Fries, Three Bean Salad, Pink Ambrosia, Milk

OR

Vegetable Omelet, Sausage Patty, Fresh Fruit

**SATURDAY**

*DINNER*

Roasted Turkey Frosted Dip, Pasta Salad, Pickled Beets, Gelatin Parfait w/ Whipped Topping, Milk

OR

Chicken Tenders, Mashed Potatoes/Gravy, Cascade Blend Vegetables

**MONDAY**

*DINNER*

Tomato Soup, Crackers, Grilled Cheese Sandwich, Creamy Cucumber Onion Salad, Frosted Cupcake, Milk

OR

Chef's Choice

**THURSDAY**

*DINNER*

Smoked Sausage Sand w Peppers & Onions, Basil Peas, Rosy Applesauce, Milk

OR

Loaded Baked Potato, Deviled Egg Halves, Toss Salad/Dressing

**TUESDAY**

*DINNER*

BBQ Pork Ribette, Potato Salad, Coleslaw, Parmesan Herb Biscuits, Chocolate Cake Roll, Milk

OR

Soup of the Day, Turkey & Cheese Club Sandwich, Marinated Vegetables

**FRIDAY**

*DINNER*

Tuscan Salad w/ Grilled, Chicken & Crispy Croutons, Peaches & Cream, Milk

OR

Meatball Sandwich, Italian Pasta Salad, Creamy Cucumber Onion Salad



Cream of Potato Soup

*LUNCH:* Glazed Ham, Cheesy Corn Casserole, Green Beans, Assorted Dessert, Milk

OR  
Beef Stew, Corn Muffin

WEEK 2



MONTH XX, 2021

**SUNDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Wisconsin Cheese Soup

**LUNCH**

Balsamic Roast Beef, Baked Potato, Sour Cream, Steamed Cabbage, Assorted Pie, Milk  

OR

Smoked Pork Chop w/ Cherry Sauce, Stuffing, Green Bean Casserole

**WEDNESDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Beef Noodle Soup

**LUNCH**

Smothered Steak, Onions, Gravy, Boiled Potatoes/Butter, Spinach, Southern Peach Cobbler, Milk

OR

Navy Beans & Ham, Diced Onion, Brussels Sprouts, Cronbread

 Healthy Heart  
 Gluten Free

**MONDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Corn Chowder

**LUNCH**

Grilled Turkey & Bacon w/ Dijon Apple Butter, Cranberry Sauce, Fried Potatoes & Onions & Green Pepper, Bread Pudding w/ Rum Sauce, Milk

OR

Vegetable Quiche, Sweet Potato Hash, Muffin 

**THURSDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Bacon & Potato Soup

**LUNCH**

Lasagna, Garden Salad Bowl, Garlic Bread, Pineapple Upside Down Cake, Milk

OR

Lemon Pepper Chicken Breast, Baked Parmesan Tomatoes, Buttered Zucchini 

**TUESDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cabbage Soup

**LUNCH**

Fried Chicken, Macaroni and Cheese, Seasoned Green Beans, Roll/Butter, Caramel Apple Pie Pizza, Milk

OR

Turkey & Swiss on Croissant, Lettuce & Tomato Slice, Baked Chips

**FRIDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cream of Turkey Soup

**LUNCH**

Shrimp and Grits, Toss Salad/Dressing, Parmesan Roll, Lemon Cheesecake Tart, Milk

OR

Chicken Stew, Cornbread Muffin, Honey, Toss Salad/Dressing 



## **SUNDAY**

### *DINNER*

English Muffin Tuna Melt,  
Macaroni Salad, Lemon Butter Peas,  
Winter Fruit Cup, Cookies, Milk

OR

Hot Dog on Bun, Baked Beans,  
Potato Salad

## **WEDNESDAY**

### *DINNER*

Sloppy Joe on Bun, Sweet Potato  
Wedges, Rocky Road Ice Cream,  
Milk

OR

Italian Deli Submarine Sandwich,  
Pasta Salad

## **MONDAY**

### *DINNER*

Chili, Crackers, Toss  
Salad/Dressing, Sliced Strawberries,  
Milk

OR

Fish & Chips & Coleslaw

## **THURSDAY**

### *DINNER*

French Dip w/ Au Jus, Potato Chips,  
Spinach Salad w/ Cranberries, Rosy  
Applesauce, Milk

OR

Chicken Rice & Broccoli Casserole,  
Breadstick, Spinach Salad

## **TUESDAY**

### *DINNER*

Cottage Cheese Fruit Plate, Coffee  
Cake, Banana Cream Tart, Milk 

OR

Spaghetti w/ Meatsauce, Toss  
Salad/Dressing

## **FRIDAY**

### *DINNER*

Pulled Pork, Roasted Potatoes,  
French Green Beans, Roll/Butter,  
Carrot Cake Roll, Milk

OR

Italian Sausage & Peppers, Oven  
Roasted Potatoes

 Healthy Heart

 **SATURDAY**

*BREAKFAST:* Choice of Juice, Choice of Hot or  
Cold Cereal, Choice of Breakfast Meat Egg of  
Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

*LUNCH:* Open Faced Roast Beef Sandwich, Mashed  
Potatoes/Gravy, Lemon Broccoli, Fruit Turnover, Milk  
OR

Turkey A La King Over Biscuit, Carrots/Apples with  
Brown Sugar Glaze



MONTH XX, 2021

**SUNDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Soup De Jour

*LUNCH*

Pork Tenderloin w/ Citrus Salasa, Baked Sweet Potato, Scandinavian Vegetables, Roll/Butter, Pie, A La Mode, Milk 

OR

Beef & Vegetable Stew, Parmesan Herb Biscuits

**WEDNESDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Trio Salad Plate: Chicken, Ham & Harvest Minestrone Soup, Pasta Salad, Crackers, Winter fruit Cup

*LUNCH*

BBQ Chicken Breast, White Cheddar Macaroni & Cheese, Acorn Squash, Roll/Butter, Classic Strawberry Shortcake, Milk

OR

Salisbury Steak/Gravy, White Cheddar Macaroni & Cheese, Green Beans

**SATURDAY**

*BREAKFAST:* Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

**MONDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tomato Soup

*LUNCH*

Mexican Manicotti, Fiesta Corn, Chocolate Chip Cake, Milk

OR

Lime Chicken, Sesame Green Beans, Mashed Cauliflower  

**THURSDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

French Onion Soup w/ Croutons

*LUNCH*

Steak Diane, Twice Baked Potato, Sunshine Carrots, Roll/Butter, Chocolate Mint Brownie, Milk

OR

Chicken & Dumplings, Carrots

**TUESDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Taco Soup

*LUNCH*

Rosemary Roasted Turkey, Roasted Potatoes & Root Vegetables, Fruit Crisp, A La Mode, Milk  

OR

Soft Taco, Corn

**FRIDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Clam Chowder

*LUNCH*

Fried Fish Potato Wedges, Coleslaw, Hushpuppies, Lemon Bar, Milk

OR

Baked Ziti w/ Meat Sauce, Garden Salad Bowl, Garlic Bread



MONTH XX, 2021

## SUNDAY

### DINNER

Egg Salad Sandwich, Club Spinach,  
Fresh Grapes, Cookies, Milk

OR

Cheesy Chicken Casserole

## WEDNESDAY

### DINNER

Quiche, Strawberry Spinach Salad,  
Muffin, Fruited Gelatin, Milk

OR

Bacon Cheeseburger on Bun, Steak  
Fries

## SATURDAY

### DINNER

Tater Tot Casserole, Toss  
Salad/Dressing, Breadstick,  
Snickerdoodle Cookie, Milk

OR

Turkey and Noodles, Toss  
Salad/Dressing

## MONDAY

### DINNER

Glazed Ham Balls, Sweet Potatoes,  
Zucchini, Tapioca Pudding, Milk

OR

Grilled Cheese Sandwich, Broccoli  
Cauliflower Salad

## THURSDAY

### DINNER

Grandma's Goulash, Tossed Greens  
w/ Vin & Oil, Breadstick, Mixed  
Fruit, Milk

OR

Breakfast Griddle Sandwich, Maple  
Syrup, Hashbrowns

## TUESDAY

### DINNER

Philly Steak Sandwich, Tater Tots,  
Toss Salad/Dressing, Fruit Fluff,  
Milk

OR

Chicken Pot Pie, Toss  
Salad/Dressing

## FRIDAY

### DINNER

Beef Sandwich, Creamy Horseradish  
Sauce, Potato Chips, Pineapple  
Chunks, Milk

OR

Sweet & Sour Pork, Rice, Vegetable  
Egg roll

Healthy Heart  
 Gluten Free

Chef's Choice Soup

*LUNCH:* Cran Walnut Chicken, Salad/Croissant,  
Baked Chips, Broccoli Ranch Salad, Pudding with  
Berry Cup, Milk

OR

Swiss Steak w/ Tomatoes, Mashed Potatoes, Gravy,  
Acorn Squash Half

WEEK 4



*MONTH XX, 2021*

*WEEK 4*

MONTH XX, 2021

**SUNDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cream Broccoli Cheddar Soup

*LUNCH*

Burnt Ends, Baked Beans, Potato Salad, Roll/Butter, Pie, Milk

OR

Almond Chicken w/ Apricot Sauce, Wild Rice, Baked Tomato Half 

**WEDNESDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

3 Bean Soup with Ham

*LUNCH*

Yankee Pot Roast, Oven Roasted Root Vegetables, Roll/Butter, Blueberry Cobbler, Milk

OR

Tuna Salad Stuffed Tomato, Pasta Salad 

**SATURDAY**

*BREAKFAST:* Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

**MONDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

*LUNCH*

Hamburger Steak w/ Gravy, Mashed Potatoes/Gravy, Roasted Brussels Sprouts & Squash, Roll/Butter, Brownie Sundae, Milk

OR

Cuban Pork Sandwich, Coleslaw, Potato Wedges

**THURSDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

*LUNCH*

Fried Chicken, Mashed Potatoes/Gravy, Parmesan Roll, Classic Strawberry Shortcake, Ice Cream, Milk

OR

Hot Turkey Slider, Baked Chips, Carrot Raisin Salad 

Italian Bean Soup

*LUNCH:* BBQ Ribs, Au Gratin Potatoes, Seasoned Lima Beans, Roll/Butter, Marble Cake/Frosting, Milk

OR  
Herb Baked Turkey, Au Gratin Potatoes, Seasoned Vegetables

**TUESDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Wild Rice Soup

*LUNCH*

Pineapple Glazed Ham, Baked Sweet Potato, California Vegetables, Roll/Butter, Pumpkin Pie, Milk 

OR

Chicken Fajitas, Black Bean Salad

**FRIDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cheesy Ham & Potato Chowder

*LUNCH*

Salmon Croquette, rice, Creamed Peas, Assorted Dessert, Milk

OR

Spaghetti & Meatballs, Caesar Salad, Garlic Bread



MONTH XX, 2021

## SUNDAY

*DINNER*

Grilled Ham & Cheese Sandwich,  
Vegetable Blend, Tater Tots, Turtle  
Pudding, Milk

OR

Flatbread Pizza, Toss  
Salad/Dressing

## WEDNESDAY

*DINNER*

Pork Cutlets w/ Cranberry Wine  
Sauce, Stuffing, Green Beans,  
Roll/Butter, Rice Krispie Square,  
Milk

OR

Cheddar Beef Melt, Potato Wedges,  
Coleslaw

## SATURDAY

*DINNER*

Chicken Rice & Broccoli Casserole,  
Tomato & Cucumber Salad,  
Roll/Marg, Apple Pie A La Mode,  
Milk 

OR

Grilled Pastrami Sandwich on Rye,  
Potato Chips, Vegetable Dip, Carrot  
& Celery Sticks

 Healthy Heart  
 Gluten Free

## MONDAY

*DINNER*

Cowboy Stew, Cornbread, Rainbow  
Cake, Milk

OR

Crispy Chicken Salad, Breadstick  


## THURSDAY

*DINNER*

Eggs Benedict Casserole, O'Brien  
Potatoes, Baked Parmesan  
Tomatoes, Muffin, Baked Apple  
Slices, Milk

OR

Shrimp Fried Rice w/ Vegetables,  
Egg Roll

## TUESDAY

*DINNER*

Mini Corn Dogs, Macaroni &  
Cheese, Broccoli, Blushing Pears,  
Milk

OR

Salisbury Steak, Mashed  
Potatoes/Gravy, Seasonal Vegetable

## FRIDAY

*DINNER*

BLT Sandwich, Potato Salad, Cottage  
Cheese & Peaches, Lemon Bar, Milk

OR

Chef's Choice

WEEK 5





MONTH XX, 2021

**SUNDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Noodle Soup

*LUNCH*

Smoked Beef Brisket, Twice Baked Potato, Herbed Green Beans, Roll/Butter, Pie, Milk

OR

Roasted Chicken Breast, Twice Baked Potato, Herbed Green Beans



**WEDNESDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

French Onion Soup

*LUNCH*

Chicken Parmesan, Angel Hair Pasta, Italian Blend Vegetables, Garlic bread, Classic Strawberry Shortcake, Milk

OR

Cold Seafood Plate, Crackers

**SATURDAY**

*BREAKFAST:* Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

**MONDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Squash Soup

*LUNCH*

Crab Cakes, Crab Cake Sauce, Corn Nuggets, Crunchy Bacon Coleslaw, Roll/Butter, Oreo Cookie Ice Cream, Milk

OR

BBQ Glazed Meatloaf, Mashed Potatoes/Gravy, Stewed Tomatoes

**THURSDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Ham & Bean Soup

*LUNCH*

Roast Beef, Mashed Potatoes/Gravy, Mixed Vegetables, Parmesan Roll, Fruit Cobbler, Milk 

OR

Glazed Ham balls, Candied Yams, Mixed Vegetables

**TUESDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tomato Basil Soup

*LUNCH*

Kalua Pork, Orange/Pineapple Fruit Sauce, Baked Sweet Potato Half, Green Beans, Breadstick, Rocky Road Brownie, Milk 

OR

Beef Stroganoff Over Noodles, Vegetable Blend

**FRIDAY**

*BREAKFAST*

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Homemade Vegetable Beef Soup

*LUNCH*

Breaded Shrimp, Loaded Baked Potato, Vegetable Blend, Ice Cream Sundae, Milk

OR

BBQ Ribette, Vegetable Blend, Macaroni & Cheese

WEEK 6



MONTH XX, 2021

**SUNDAY**

*DINNER*

Italian Deli Sandwich, Pasta Salad, Peas, Apple Pear Walnut Crisp, Milk

OR

Chef's Choice

**MONDAY**

*DINNER*

Chicken Kiev, Long Grain Wild Rice, Edamame Corn Vegetable Blend, Roll/Marg, Pie, Milk

OR

Shepherd's Pie, Garden Salad Bowl

**TUESDAY**

*DINNER*

Turkey Tetrazzini, Glazed Baby Carrots, Roll/Butter, Lemon Fruit Cup, Milk

OR

Breakfast for Dinner

**WEDNESDAY**

*DINNER*

Monte Cristo Sandwich, Homemade Potato Chips, Sour Cream & Chive Dip, Marinated Vegetables, Hawaiian Fruit Cup, Milk

OR

Street Tacos, Mexicali Corn

**THURSDAY**

*DINNER*

Baked Chicken Legs, Maple Roasted Brussels Sprouts w/ Bacon, Carrots, Roll/Butter, Assorted dessert, Milk  

OR

Chili Dog on Bun, Potato Wedges

**FRIDAY**

*DINNER*

Tuna Noodle Casserole, Garden Salad, Mandarin Oranges, Milk

OR

Herbed Pork Loin, Roasted Potato Medley, Riviera Vegetables 

**SATURDAY**

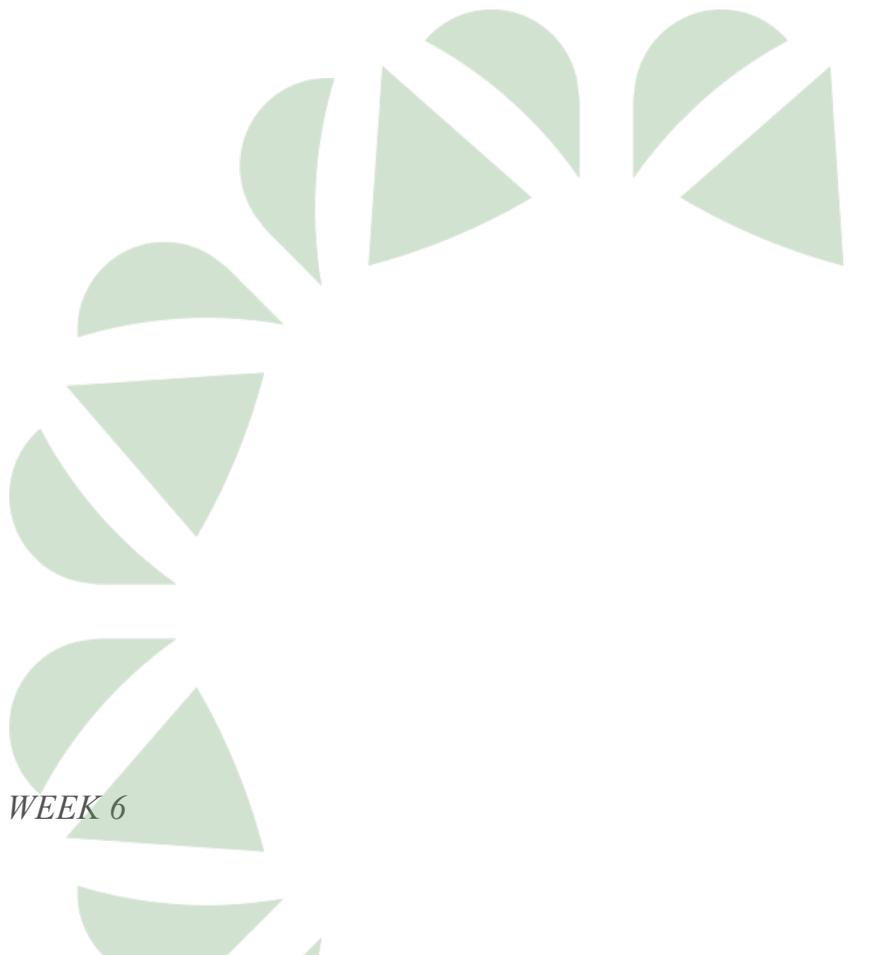
*DINNER*

Turkey Divan w/ Cheese Sauce, Candied Yams, Green Beans, Roll/Butter, Frosted Pumpkin Bar, Milk

OR

Grilled Chicken Breast, Greek Salad, Pita Bread Dippers, Hummus 

 Healthy Heart  
 Gluten Free



WEEK 6

